

Deer Creek High School

EMERGENCY ACTION PLAN

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INDIVIDUAL FACILITY/SPORT EMERGENCY ACTION PLANS

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Emergency Action Plan

Emergency situations may arise anytime during athletic events. Expedient action must be taken in order to provide the best possible care to the sport participant in emergency and/or life threatening situations. The development and implementation of an emergency plan will help ensure that the best care will be provided.

As emergencies may occur at any time during an activity, the sports medicine department and athletic staff must be prepared. Athletic Organizations have a duty to develop an emergency plan that may be implemented immediately when necessary and to provide appropriate standards of emergency care to all sports participants. This preparation involves:

- formulation of an emergency plan
- proper coverage of events
- maintenance of medical equipment and supplies
- utilization of appropriate medical emergency personnel
- continuing education with equipment and planning

Hopefully, through careful pre-participation physical screenings, adequate medical coverage, safe practices, training techniques and other safety measures, some potential health emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the Sports Medicine Team should allow each emergency situation to be managed appropriately.

Components of the Emergency Action Plan

- Emergency Personnel
- Role of First Responders
- Emergency Communication
- Emergency Equipment
- Stadium (Heflin Field)
- Softball Field
- Baseball Field (John Hundley Field)
- Emergency Transportation
- Venue Directions
- Individual Facility Emergency Plans
- On-Field Emergency Protocol
- Performing Arts and Athletic Center
- Tennis Courts

Emergency Action Plan Personnel

During a normal athletic practice or competition, the first responder to an emergency is typically a coach or member of the sports medicine staff, most commonly a certified athletic trainer. A team physician may not always be present at every practice or competition. The type and degree of sports medicine coverage for an athletic event may vary widely based on a number of factors.

Role of First Responders

The development of an emergency action plan cannot be complete without the formation of an emergency team. The emergency team may consist of a number of healthcare providers, including physicians, emergency medical personnel, certified athletic trainers, graduate student athletic trainers, coaches and administrators. The roles of these individuals may vary depending on a variety of factors, including availability of personnel and the athletic venue itself. There are four basic rules within the emergency medical team:

The first and most important role is establishing safety at the scene and immediate care of the athlete.

EMS activation may be necessary in situations where emergency transportation is not already present at the sporting event.

Equipment retrieval may be done by anyone who is familiar with the types and locations of specific equipment needed.

Directing EMS to the scene is the fourth rule regarding the emergency medical situation. An administrator, athletic director or coach is appropriate for this role.

Activating the EMS System

Making the Call:

Notify emergency personnel at 911

Deer Creek Fire Department at (405) 216-0665

Provide the following information:

Name, address, telephone number of caller

Nature of the emergency, whether medical or non-medical

Number of athletes injured/impacted

Condition of athletes:

Breathing or no breathing, pulse or no pulse, conscious or unconscious

First Aid treatment initiated by first on the scene (ex: blood control, CPR etc.)

Specific directions as needed to location of injured athlete(s)

Other information requested by dispatcher

Emergency Communication

Communication is key to a quick emergency response. Athletic trainers and medical personnel must work together to provide the best emergency response capability and should have contact information established as part of pre-planning for emergency situations. If emergency medical transportation is not available on site during a sporting event, then direct communication with the emergency medical personnel at the time of the injury or illness is necessary.

Emergency Equipment

All necessary emergency equipment should be at the site and quickly accessible. An automated external defibrillator (AED) should be available during all practices and competitions. Individual (AED) machines are located in the following locations:

1. PAAC Foyer
2. PAAC Meeting Room
3. PAAC Training Room (Portable AED)
4. Multi-Sport Training Room (Portable AED)
5. Multi-Sport Hallway
6. Press Box at the Stadium

Equipment should be in good operating condition, and personnel should be trained in advance to use it properly. Emergency equipment available should be appropriate for the level of training for the emergency medical providers. It is important to know the proper way to care for and store equipment as well. Equipment should be stored in a clean and environmentally controlled area. It should be readily available when an emergency situation arises.

Medical Emergency Transportation

In the medical emergency evaluation, the primary physician/athletic trainer assists the emergency care provider in identifying emergencies requiring critical intervention and determining transport decisions. In an emergency situation, the athlete should be transported by ambulance, where the necessary staff and equipment are available to deliver the appropriate medical care. Any emergency situations where there is impairment in level of consciousness (LOC), airway, breathing, circulation (ABC) or

neurovascular compromise should be considered a "load and go" situation and emphasis placed on rapid evaluation, treatment and transportation. In order to provide the best possible care, all athletes should be transported to a local hospital of the parent's choice.

Non-Medical Emergencies

For the following non-medical emergencies; severe weather, fires, bomb threats and violent or criminal behavior, refer to the emergency action plan for the particular facility and follow instructions.

Emergency Action Plan for the Stadium (Heflin Field)
Sports: Football/Soccer/Track

Emergency Personnel: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

Emergency Equipment: First aid supplies will be on-site. Splints, crutches, braces and immobilizers can be found in the training room located in the Multi-Sport Facility.

Roles of Emergency Care Team Members: Immediate assessment/care of ill/injured student-athlete(s). Retrieval of emergency equipment appropriate for the situation. Activate the emergency medical system by calling 911 and/or the Deer Creek Fire Department. Follow all necessary steps lined out in the EMS plan found on page three of the Deer Creek High School Emergency Action Plan.

Directions: At the corner of 206th and MacArthur (continue/turn north on MacArthur). Turn left at the entrance just north of the 9th grade center. Continue west until reaching the driveway located by the video board at the stadium. The double gate will be opened to allow personnel/vehicle access to the field/track.

Safety Locations: In the event of lightning or severe weather, move all athletes from the field/track to their respective locker rooms. Via announcement, all spectators will be encouraged to move into the Performing Arts and Athletic Center (PAAC). If a tornado is reported to be approaching the area, all athletes, coaches, officials and spectators will be moved to the Pom/Cheer/Wrestling rooms. Those are designated Safe Rooms that were constructed when additions were made to the PAAC in 2018. In the event of a fire, bomb threat or criminal activity, all athletes, coaches, officials and spectators will be taken to areas of safety that may include locker rooms, weight rooms, the PAAC and hitting facility. They will remain in place until the "all clear" signal is given by law enforcement officials or school administrators.

Emergency Action Plan for the Performing Arts and Athletic Center (PAAC)
Sports: Cheer/Basketball/Pom/Volleyball/Wrestling

Emergency Personnel: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

Emergency Equipment: First aid supplies will be on-site. Splints, crutches, braces and immobilizers can be found in the training room located on the bottom floor in the PAAC.

Roles of Emergency Care Team Members: Immediate assessment/care of ill/injured student-athlete(s). Retrieval of emergency equipment appropriate for the situation. Activate the emergency medical system by calling 911 and/or the Deer Creek Fire Department. Follow all necessary steps lined out in the EMS plan found on page three of the Deer Creek High School Emergency Action Plan.

Directions: At the corner of 206th and MacArthur (continue/turn north on MacArthur). Turn left at the fourth entrance (next to the digital marquee). Continue driving directly to the PAAC where appropriate doors will be opened to allow personnel quick access.

Safety Locations: In the event of severe weather (hail, strong winds, tornadoes) move all individuals to the Pom/Cheer/Wrestling rooms. Those are designated Safe Rooms that were constructed when additions were made to the PAAC in 2018. In the event of a fire, bomb threat or criminal activity, all athletes, coaches, officials and spectators will be taken to areas of safety that may include locker rooms, parking lots and the Multi-Sport Facility. They will remain in place until the "all clear" signal is given by law enforcement officials or school administrators.

Emergency Action Plan for the Softball Field
Sports: Fastpitch/Slowpitch

Emergency Personnel: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

Emergency Equipment: First aid supplies will be on-site. Splints, crutches, braces and immobilizers can be found in the training room located in the Multi-Sport Facility.

Roles of Emergency Care Team Members: Immediate assessment/care of ill/injured student-athlete(s). Retrieval of emergency equipment appropriate for the situation. Activate the emergency medical system by calling 911 and/or the Deer Creek Fire Department. Follow all necessary steps lined out in the EMS plan found on page three of the Deer Creek High School Emergency Action Plan.

Directions: At the corner of 206th and MacArthur (continue/turn north on MacArthur). Turn left at the fifth entrance (just past the ATM machine). Follow the road back to the softball stadium. The double gates will be open to allow personnel/vehicle access to the field.

Safety Locations: In the event of lightning or severe weather, move all athletes from the field to their respective locker rooms. Via announcement, all spectators will be encouraged to move into the Performing Arts and Athletic Center (PAAC). If a tornado is reported to be approaching the area, all athletes, coaches, officials and spectators will be moved to the Pom/Cheer/Wrestling rooms. Those are designated Safe Rooms that were constructed when additions were made to the PAAC in 2018. In the event of a fire, bomb threat or criminal activity, all athletes, coaches, officials and spectators will be taken to areas of safety that may include locker rooms and various areas located in the PAAC. They will remain in place until the "all clear" signal is given by law enforcement officials or school administrators.

Emergency Action Plan for the Tennis Courts
Sports: Tennis

Emergency Personnel: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

Emergency Equipment: First aid supplies will be on-site. Splints, crutches, braces and immobilizers can be found in the training room located in the Multi-Sport Facility.

Roles of Emergency Care Team Members: Immediate assessment/care of ill/injured student-athlete(s). Retrieval of emergency equipment appropriate for the situation. Activate the emergency medical system by calling 911 and/or the Deer Creek Fire Department. Follow all necessary steps lined out in the EMS plan found on page three of the Deer Creek High School Emergency Action Plan.

Directions: At the corner of 206th and MacArthur (continue/turn west on 206th). The tennis courts are located just west of the stadium and on the north side of the street. The courts are adjacent to the large parking area so personnel/vehicle access will be very convenient.

Safety Locations: In the event of lightning or severe thunderstorms, move all athletes to the Multi-Sport Facility or Weight Rooms on the homeside of the stadium. If a tornado is reported to be approaching the area, all athletes, coaches, officials and spectators will be moved to the Pom/Cheer/Wrestling rooms. Those are designated Safe Rooms that were constructed when additions were made to the PAAC in 2018. In the event of fire, bomb threat or criminal activity, all athletes, coaches, officials and spectators will be taken to areas of safety that may include locker rooms, weight rooms, the PAAC and hitting facility. They will remain in place until the "all clear" signal is given by law enforcement officials or school administrators.

Emergency Action Plan for the Baseball Stadium (John Hundley Field)

Sports: Baseball

Emergency Personnel: A certified athletic trainer is on-site for all practices and competitive events. Student athletic trainers may be present when supervised by a certified athletic trainer.

Emergency Equipment: First Aid supplies will be on-site. Splints, crutches, braces and immobilizers can be found in the training room located in the Multi-Sport Facility.

Roles of Emergency Care Team Members: Immediate assessment/care of ill/injured student-athlete(s). Retrieval of emergency equipment appropriate for the situation. Activate the emergency medical system by calling 911 and/or the Deer Creek Fire Department. Follow all necessary steps lined out in the EMS plan found on page three of the Deer Creek High School Emergency Action Plan.

Directions: At the corner of 206th and MacArthur (continue/turn west on 206th). The baseball stadium is located just to the north of the tennis courts. The baseball stadium is adjacent to the large parking area so personnel/vehicle access will be very convenient.

Safety Locations: In the event of lightning or severe thunderstorms, move all athletes to locker rooms in the Multi-Sport Facility or Weight Rooms on the homeside of the stadium. If a tornado is reported to be approaching the area, all athletes, coaches, officials and spectators will be moved to the Pom/Cheer/Wrestling rooms. Those are designated Safe Rooms that were constructed when additions were made to the PAAC in 2018. In the event of a fire, bomb threat or criminal activity, all athletes, coaches, officials and spectators will be taken to areas of safety that may include locker rooms, weight rooms, the PAAC and hitting facility. They will remain in place until the "all clear" signal is given by law enforcement officials or school administrators.